

IS YOUR CHILD STRUGGLING TO SETTLE INTO NURSERY?

We will never give you false accounts of how your child has been while at Nursery. If you or we feel that your child is struggling to settle into nursery life, there is much we can do to support them.

WHAT CAN WE DO?

- We can offer additional visits. This is when additional home visits can be extremely beneficial.
- Depending on your child's age, we can make nursery more inviting for them, by giving them a special responsibility when they arrive in the morning.
- Sending home photos home of the nursery/staff/garden will enable you to have positive conversations about the nursery and your child's experience.
- Shorted sessions if possible - including a later drop off and an earlier pick up from nursery.

HOW CAN PARENTS SUPPORT THEIR CHILD IN THIS TRANSITION PERIOD?

- **Stay calm.** Even if you are tense on the inside when dropping your child off, try your best to appear relaxed. Stay calm and your child should follow.
- Talk with your child positively. Chat to them about nursery as much as you can. Let them know that you will always come back.
- Keep goodbyes brief. Make dropping off loving but quick. Give them a kiss and a cuddle, then say goodbye and leave. The briefer the exchange the better.

Sometime it can take a child a little time to settle in, but they all get there. We just need to work together as a team and find the right way to make nursery a positive experience for them.

REMEMBER: You are not on your own. We are as keen for you child to settle in with us too. Don't forget, it's only the first time for you. You are in safe hands. It's what we do!

