



# pkc menu - week 1



## Monday

**Tea: Build your own Burger and Sweet Potato Wedges**  
**Veg: BYO Vegie Burger and Sweet Potato Wedges**  
**Pudding: Fruit Mousse**

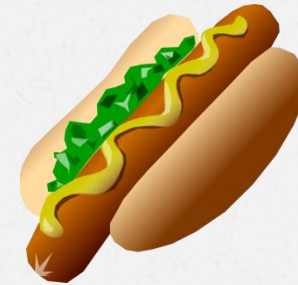
## Tuesday

**Tea: Tomato and Bacon Pasta**  
**Veg: Vegetable Pasta**  
**Pudding: Ice Cream Cone**



## Wednesday

**Tea: Roast Chicken, Roast Potatoes, Stuffing with Vegetables**  
**Veg: Roast Quorn, Roast Potatoes, Stuffing and Vegetables**  
**Pudding: Yoghurts**



## Thursday

**Tea: Sausage Platt, New Potatoes and Baked Beans**  
**Veg: Quorn Platt, New Potatoes and Baked Beans**  
**Pudding: Chocolate Courgette Cake Served with Custard**

## Friday

**Tea: Homemade Pizza with Wedges and Sweetcorn**  
**Veg: Homemade Pizza with Wedges and Sweetcorn**  
**Pudding: Fruity Cheesecake**



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# pkc menu - week 2



## Monday

**Tea:** Ham Risotto  
**Veg:** Vegetable Risotto  
**Pudding:** Pancakes and Ice Cream

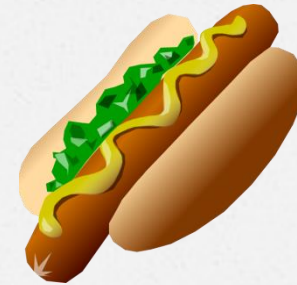
## Tuesday

**Tea:** Bacon Whirls, New Potatoes and Baked Beans  
**Veg:** Veg Whirls, New Potatoes and Baked Beans  
**Pudding:** Dipping Doughnuts



## Wednesday

**Tea:** Meat Loaf, Potatoes and Seasonal Veg  
**Veg:** Quorn Loaf, Potatoes and Seasonal Vegetables  
**Pudding:** Homemade Cookies and Milk



## Thursday

**Tea:** Hot Dogs and Potato Wedges  
**Veg:** Quorn Sausage Hot Dogs and Potato Wedges  
**Pudding:** Yoghurts

## Friday

**Tea:** Homemade Cottage Pie and Seasonal Veg  
**Veg:** Homemade Quorn Mince with Seasonal Veg  
**Pudding:** Strawberry Gateaux



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# pkc menu - week 3



## Monday

**Tea: Chicken Fajitas with Wedges and Salad**  
**Veg: Quorn Fajitas with Wedges and Salad**  
**Pudding: Chocolate Cake and Custard**

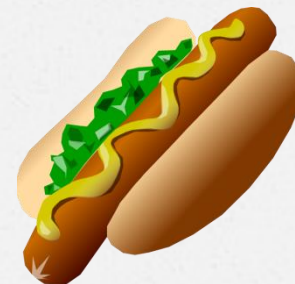
## Tuesday

**Tea: Roast Pork, Roast Potatoes & Seasonal Veg**  
**Veg: Quorn Fillet, Roast Potatoes & Seasonal Veg**  
**Pudding: Yoghurts**



## Wednesday

**Tea: Fish Pie with Peas and Sweetcorn**  
**Veg: Veg Pie with Peas and Sweetcorn**  
**Pudding: Pineapple Upside Down Cake & Custard**



## Thursday

**Tea: Spaghetti Bolognese**  
**Veg: Quorn Mince Bolognese**  
**Pudding: Cornflake Tart with Natural Yoghurt**

## Friday

**Tea: Butchers Sausages, Potatoes & Baked Beans**  
**Veg: Quorn Sausages, Potatoes and Baked Beans**  
**Pudding: Banana Split**



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# pkc menu - week 4



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## Monday

**Tea:** Fish Fingers, Wedges and Baked Beans  
**Veg:** Vegetable Fingers, Wedges and Baked Beans  
**Pudding:** Rice Krispie Cake

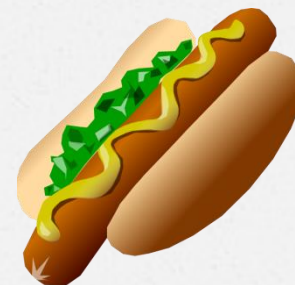
## Tuesday

**Tea:** Meat Balls with Tomato Sauce and Spaghetti  
**Veg:** Quorn Balls with Tomato Sauce and Spaghetti  
**Pudding:** Chocolate Mousse



## Wednesday

**Tea:** Homemade Sausage Rolls, New Potatoes and Sweetcorn  
**Veg:** Quorn Sausage Rolls, New Potatoes, and Sweetcorn  
**Pudding:** Homemade Cakes



## Thursday

**Tea:** Mild Chilli With Fluffy Rice  
**Veg:** Quorn Chilli, With Fluffy Rice  
**Pudding:** Eton Mess

## Friday

**Tea:** Homemade Breaded Chicken, Waffles and Peas  
**Veg:** Breaded Quorn Pieces, Waffles and Peas  
**Pudding:** Ice Cream Cones

